
 **AQUARIUS (JANUARY 20-FEB. 17)** You are entering into a period of new awareness and accompanying transformation. Communication with others around you is key for you, and takes place within subtle affinities of higher mind as well as at a more ordinary level. Mystical information heals. On into May, home and family concerns lead you further down the rabbit-hole of your own inner psyche. You are dwelling in paradox whether or not you are fully able to articulate this or even to acknowledge it. You are being not so much tested as thrown into the limitless ocean of possibility to see where and how you might bob up to the surface. You'll be amazed, amused, and perhaps just a bit confused. You'll also be changed forever.

 **PISCES (FEBRUARY 18-MARCH 19)** You are living in the mystery. The month of April begins quietly for you but gains momentum as the transformation of your societal connection persists. Partnership continues to be an important component and to provide many lessons, not least of which is to appreciate the hurt as well as the joy that stems from within. Your future plans are changing, and not because of anything beyond your control. On into May, communication with others around you, and within the circle of your home and family, paradoxically brings an interior perspective and allows you to appreciate more fully your role as co-creator. You might not steer the ship but you definitely supply the entire cast and crew and the reason for the voyage.



**sedona wave network** ANDREW HOLMAN PHOTOGRAPHY

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## FIRST NOOSPHERE WORLD CONGRESS

ENVISIONING THE EARTH AS A WORK OF ART



Mandate for a New Time: July 18-22, 2009  
To be convened in Ubud, Bali, Indonesia at the  
ARMA (Agung Rai Museum of Art)  
[www.armamuseum.com](http://www.armamuseum.com)

By all accounts, it is evident that our present world is being transformed very rapidly at all levels—global warming, economic upheaval, over population, expanding technology, social ferment and chaos—all at an accelerating rate.

But if something is being transformed, that means it is changing from one state or condition to another. What is the new condition toward which our world is being transformed?

Scientists who have foreseen this inevitable change due to the effects of human technology upon the environment and human society itself have defined this new transformed condition as the noosphere.

According to these scientists, the noosphere—literally *the planetary sphere of mind*—is the condition of our environment—the biosphere—when it has become totally transformed due to the impact of human thought. This is a new geological and evolutionary condition for ourselves and the earth.

What will this new evolutionary era be like? What kind of life can we expect to live? And when will this new cycle of life, the noosphere, occur?

The answers to these questions define the purpose and theme of the First Noosphere World Congress, Envisioning Earth as a Work of Art.

Why Bali? The island of Bali is already a place of world renown, a cradle of universal culture and spirituality, where the new value of time is art is evident everywhere. Indeed, there could be no more perfect place to launch the bold and positive vision of the noosphere than Bali.

Sponsored by the Galactic Research Institute of the Foundation for the Law of Time in association with ARMA Museum, the plan is for some 200 artists, scientists and spiritual leaders from around the world to gather in Bali between July 18-22, to define the methods and ways to achieve this new time of peace on Earth for all humanity.

The final day of the Congress, July 22, marks the last full solar eclipse before 2012.

To read the full description of the First Noosphere World Congress visit:

[www.noospherecongress.org](http://www.noospherecongress.org)

# Dear Beautiful Feet



*Debra Beck*

Please e-mail Beautiful Feet your questions or concerns: [debra@myfeetarentugly.com](mailto:debra@myfeetarentugly.com)

Dear Beautiful Feet,  
I have two girls ages 6 and 7. Since the time they were born we've moved three times due to my husband's job. We have finally settled into the same house for almost two years and it's our favorite by far. But now we have to move again, and this time my girls are really upset. They love their yard, their friends, and their favorite play areas.

How can I reassure them that all will be ok and they'll be happy again? Each time we move it's always better, so I know they'll be happy again. Do you have any suggestions?

Thanks... -Moving Again

Dear Moving Again:

Moving is one of the most stressful times in our lives, along with divorce, death and changing jobs. Not only is it physically demanding to do, it is also very stressful.

We don't realize that the stress we are holding flows through to our children. So, if we are stressed, they we likely be also. Moving at any age can be traumatic due to packing and moving, making new friends, getting used to a new house and new environment.

My suggestions to you is:

- Communicate with your girls about why you are moving and what you hope to create in the new place.
- Explain to them that you and your husband be there for them, and help with whatever they need.
- Make packing fun, don't stress out.
- Explore the new place before you arrive and talk about all the fun things you will be able to do once you live there.
- Don't talk about anything negative regarding the move in front of them.
- Don't discount their feelings and fear, be compassionate.

I always express to parents that moving is difficult for our kids at all ages and before making the move, make sure it is really what you want to do. Make sure that you do your homework to know that this is going to be a good move for the whole family.

Good luck with your move and your girls. -Beautiful Feet

Debra Beck Author of *My Feet aren't Ugly, A Girl's Guide to Loving Herself from the Inside Out* is a devoted mentor on the issues facing teenage girls and women. With 20 plus years experience in self-development, and first-hand awareness of just how difficult the teenage years can be, empathy, and a passion for making a difference, Ms. Beck discovered her life's work: helping girls and women of all ages learn how to truly love themselves from the inside out.

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## Ringing Rocks Foundation



Global Wisdom Conservancy

### EVENTS



**Ringing Rocks Foundation**  
explores the world, documenting and conserving healing practices and spiritual traditions.

**Grandmother Selina**  
April 17th, 7pm - Free

Little Grandmother Selina, (Noogamijij) is a Grandmother's Medicine Bundle Keeper of the Wabanaki People—from Nova Scotia. Selina is a blended spirit of mixed ancestral heritage (Mi'kmaq/Black), who helps with the healing upon the Earth in the Way of the Sacred Feminine.



**Kokomon & Aeshah Clotney**  
May 8th, 7pm - Free

Join Aeshah and Kokomon Clotney for an experiential gathering of mindful drumming, body prayer and deep inner work. Experience the ancient art of synchronistic rhythms and sounds for healing and unleashing the spirit of human potential.

**Rendo Sugimoto**  
April 20th, 7pm - Free

Mr. Sugimoto developed *Amagi* Thermal Therapy, a form of Japanese shamanism that is combined with Buddhism. *Amagi* is focused on establishing a balanced mind-body relationship. It is practical and based on the belief that each one of us is solely responsible for maintaining our own state of health.

Seating is limited, reservations required, call 282-1298

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