

# The Inca Doorway TO THE Spiritual Self

Lake Titicaca photo by Martin Gray

The Aramu Muru Doorway is said to exist at a particular location on Lake Titicaca.



Inca legends tell of how a great, ancient master, Aramu Muru, delivered a sacred Golden Disk containing spiritual wisdom from Lemuria to Lake Titicaca and vanished through an inter-dimensional doorway. Fourteen years ago the doorway became a place of spiritual pilgrimage after a Peruvian mystic, led by a visionary dream, discovered the celestial power place and experienced an expansion in consciousness that forever changed his life.

Jorge Luis Delgado, a spiritual tour guide who grew up on the shores of the enchanting lake high in the Andes, is very much the reluctant shaman who spurned early inclinations to explore his esoteric Aymara heritage only to be drawn into the very heart of Inca wisdom by the subtle spiritual force of Wiracocha- the Divine Creator.

The little boy who waited at Puno train station after school to guide tourists through strange, bustling streets to city hotels, is now leading waves of spiritual travelers into higher states of consciousness and assisting them to discover their own authentic spiritual self.

Just as in Incan cosmology there is a bridge between this world and the next, represented by the stars of the Southern Cross in the "river" of the Milky Way, so Jorge is a human bridge, or chacaruna, who helps people cross a river of being from ego consciousness to spiritual awareness.

On his own journey of spiritual awakening, Jorge learned the hidden truths of the ancient Inca laws of *Munay*, *Llanca*y and *Yachay*- love, service and wisdom- in a deeply moving and

mystical experience at the sacred light city of Machu Picchu. At a power spot where he meditated on the three worlds of Inca cosmology, he entered an altered state of consciousness and understood *Munay* as reverential love, *Llanca*y as service or expression of one's divine gifts, and *Yachay* as attaining the wisdom of one's inner spiritual self from practicing the first two laws. He also realized they were the Inca path to enlightenment.

Since then Jorge has been guiding spiritual travelers to power places around Machu Picchu, the Sacred Valley and Lake Titicaca, where vortex energy causes a shift in consciousness, and teaching them the Inca laws as a means of connecting with their authentic self, hidden behind the veil of the ego.

He says: "In the Inca tradition we believe that we do not search for the enlightenment, we already are enlightened. The only thing is to release the resistance and that's what we do slowly." He likens the shift that people experience as "el mortito," the little death. "Then you return to a kingdom of the heavens, in a way. So that's a beautiful experience to have in a place like Machu Picchu. People experience that life is not about these illusions we have, for the past or for the future. It's about

the joy of the greatness of our own gifts."

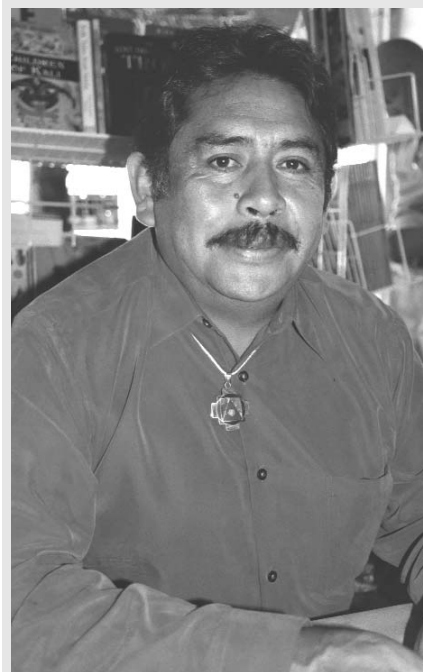
Jorge's gift is causing transformation in others, and he says many people tell him they consider their journey to the sacred Inca sites as the vital point in their lives.

Releasing our resistance to experiencing each moment from the heart, and being present in the now, has always been the teaching of the enlightened masters for those seeking to shift from

a state of suffering in an illusory world of duality to a blissful experience of unity with All That Is. The wisdom of the emerging teachers of the Inca path of light embraces the release of our heavy emotional energies as an important means of helping us to return to a state of joy and live from our enlightened nature.

Jorge introduces his students to the love of *Pachamama*, or Mother Earth, and guides them to give away their burdens and fears to our eternal mother who, like our own birth mother, will always care for us and relieve us of our grief and suffering so that we might find the freedom to live our dreams.

Connecting with the Earth Mother can be achieved anywhere, but there are places that encourage us to feel more deeply and by their energetic resonance are able to extract



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Interview



more of our pain. In Machu Picchu one can often witness a dozen Americans lined up with their faces and bodies pressed against the large, flat Pachamama rock, some sobbing softly, as they open their heart to the Mother Earth and give away something of their own shadow side that holds them back.

Jorge is devoted to helping others transform and says his dream is to see people find their Spirit. "What we want is for everybody to really find their own Spirit, their own heart. When people are crazy we do not say they have lost their mind, we say they have lost their heart. We want people to find their own heart. It brings great joy to see people flying to their freedom. It is so beautiful to see."

He has written about his experiences and the Inca spiritual tradition in his first book, *Andean Awakening*, co-authored with Pennsylvania psychologist MaryAnn Male and published by Council Oak Books. MaryAnn says she was the original skeptic when she first went to Peru and met Jorge, but was transformed by his way of being and his teachings.

In their book, Jorge tells of how the Earth is experiencing a new sunrise after 500 years of darkness, and that the light of the new dawn is causing people to awaken and seek the truth of who they are. The spiritual activation that is occurring all over the world is called the new PachaKuti in Inca lore, or cycle of the Cosmos, and is considered to have begun in 1992, 500 years after the Spanish arrived in the New World.

In an interview during a recent book tour that brought him to Sedona, he said: "I think in all the traditions we have different ways, different techniques, different philosophies, but in essence it has the same roots, and as we know all the old concepts are returning because after the dark of night we come back to the original with the sunrise of the new day. This sunrise is so great that everybody who has something to say is appearing all over the world. We are only just beginning to remember the true essence of our Inca traditions."

As the message of the Inca Path spreads he believes the trickle of spiritual seekers to Peru will turn into a flood because there is now a permanent polarity of energy radiating from the Andes, just as there has been for centuries from the Himalayas. "There is like a call of Spirit to the Children of the Sun to go there," he says, using the Inca belief of humanity as an expression of Spirit, whose physical manifestation is our Sun.

Jorge's discovery of the Aramu Muru doorway close to Lake Titicaca in a surreal landscape of pink and red sandstone is part of the revelation of ancient secrets that are emerging as the light of the New Age spreads across the darkened world in which we have been living, unable to see what has always been here. Jorge was led to search for the doorway in a series of dreams about

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which he sought advice from local shamans who told him he would find it if he followed his heart.

Not only did he discover its location near Puno, but he was also responsible for giving it its modern name. One ancient name of the portal was *Wilka Uta*, or House of Divinity. While meditating in the doorway Jorge had a vision of a man disappearing through it and says that in his heart he knew it was the master Aramu Muru passing into another dimension. In a newspaper story the doorway was named after the Lemurian master and the name stuck.

The doorway is an alcove seemingly cut into the rock face and big enough for a person to step into. On either side there are two tall pillars cut from the cliff face that emanate opposing energies. When Jorge stood inside the doorway, his third eye touching a little hole, he entered into a state of bliss and expanded into other realities. Looking back, he knew at that moment he was becoming a chacaruna, the bridge that many people were seeking to help them cross from one reality to another, and that there was no ignoring his spiritual destiny.

He shuns the label shaman in favor of the Quechua title of *chacaruna*, likening the former to a person who uses the magic of other realities to affect another's life, and the latter to someone who provides a seeker with the means to

change themselves.

During his own awakening he said he understood that one could not differentiate between the spiritual and material planes of existence, that they are one, and that he was always destined to reach that understanding in his own time and follow his path.

"There is not physical and metaphysical. There is not that division. In our understanding there is only one. So one way or another I started to be connected with my heritage. The Cosmos is so wise it always finds the ways to teach us, if we are reading and listening to the signs and the symbols. Of course, our resistance doesn't help us too much to understand that."

At the Aramu Muru Doorway, where he leads hundreds of people every year to undergo their own awakening of destiny, the resistance of the rational mind is overcome by the energy of the dimensional portal, allowing a person to connect with their authentic self. When people start to experience, in their body rather than in their mind, the spiritual identity that has always been there, they awaken a new spiral of abundance and joy in their life.

Jorge says abundance is manifested from spiritual joy, not need, and he is living proof that the Inca Way is one of abundance. Starting his working life as a guide for ordinary tourists, he created his own company, Kontiki Tours, but since his awakening he has gone on to build three hotels, two of them by Lake Titicaca close to the Aramu Muru Doorway. Most of the time, he says, people who delve into the spiritual side of life want to see miracles or something spectacular, but "the most beautiful magic in our lives is to *manifest*."

The source of manifestation is the love contained within our spiritual self and our willingness to express it through the work we are drawn to perform as a service to Pachamama. And as Jorge Luis Delgado will tell his next group of seekers to visit the sacred Andes, "Love is not rational. The only way is to practice it."

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