

Events ► **Change: Finding the Gift in Shift Conference**

Corinne L. Casazza

From bank closures to car dealerships, from foreclosures to bailouts, from swine flu to health care, we're all too familiar with change in these tumultuous times. So, how do we best deal with uncertainty and transition?

Stellar Productions' Gift in Shift conference has been a sell out for the past three years and 2010 promises to be the same. The topic of this year's event is being the gift in shift; actually embodying the changes we choose to see on the planet and in ourselves. This is a time of personal responsibility and taking ownership and accountability of all that we've manifested. We must demand that in ourselves and in our leaders. Being on the earth at this time is not for the feint of heart. That's right; Waking up is not for sissies! However, the biggest, most difficult obstacles are those which give us the opportunity for the most profound transformations. We are headed to times of unheralded peace and prosperity. If that means taking responsibility for your actions and creating a new paradigm, are you willing to do it?

Stellar has put together a great line-up of life-changing personal growth speakers to address this topic. Gregg Braden returns as the opening key-note speaker. His ground-breaking book, *Fractal Time* discusses how we're living the end of time. Forget the Hollywood version of 2012. Braden espouses it's not the end of the world, but the end of a world age - a 5,125-year cycle of time - and the way we've known the world throughout that time.

"We all know that dark experiences definitely exist in our world, and we don't need to look far to find them; however, there's also more to life than the



Mr. Sedona



Gregg Braden



Dr. Joe Dispenza



Ronna Prince

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suffering that the ancients foresaw - much more. Even in our time of great darkness, the polarities of peace, healing, love, and compassion are alive, well, and abundant," says Braden.

Dr. Joe Dispenza is the closing key note. His new book, *Breaking the Habit of Being Yourself: How to Lose Your Mind and Create a new one*, explains how to do just that. According to Dr. Joe, "Psychology tells us that 90% of the emotions we experience are negative. These emotions are activated by stress chemicals: fear and anxiety, anger and aggression, sadness and depression etc. Most people have an experience in their life and that experience is an emotional reaction. They memorize the emotional reaction so well that it becomes part of their personality."

Dr. Dispenza teaches us to access the brain's operating system and recall memorized emotions to unmemorize them and then reinvent the new self. "The process of change requires unlearning and relearning. It takes breaking synaptic connections and then rewiring new circuits in the brain. All we need is a little knowledge and a chance to apply it, and people start to have some pretty good changes in their life," says Dr. Joe.

Dr. Rocco Erricco will deliver Saturday's afternoon keynote speech. Dr. Errico is an ordained minister, international lecturer and author, spiritual counselor, and one of the nation's leading Biblical scholars working from the original Aramaic texts. For ten years he studied intensively with Dr. George M. Lamsa, Th.D., (1890-1975), world-renowned Assyrian biblical scholar and translator of the Holy Bible from the Ancient Eastern Text. Dr. Errico is proficient in Aramaic and Hebrew exegesis, helping thousands of readers and seminar participants understand how the Semitic context of culture, language, idioms, symbolism, mystical style, psychology, and literary amplification—the Seven Keys that unlock the Bible—are essential to understanding this ancient spiritual document.

As always, Stellar strives to present up-and-coming speakers who have a profound message to deliver. This year, Dennis Andres welcomes you to Sedona. "Mr. Sedona," as he's known here has been leading people on hikes of this sacred land for 14 years. He'll give you tips on how to make the most of the spiritual opportunity Sedona provides. You can even book a tour with him yourself!

Ronna Prince and Dr. Donald Backstrom bring a

message of Global Soular Wholeness. Ronna Prince is a spiritual teacher, counselor and workshop presenter. She works with clients worldwide and presents workshops throughout the US on topics of spiritual conscious change-creation. Her work includes the self-awareness tools of numerology through Aura-Soma, and clearing unconscious blocks to manifestation. Ronna is currently completing her book, *The Meta-Laws of Confluence: New Beginning for Love beyond 2012*.

Dr. Donald Backstrom is a graduate of National Chiropractic College in Lombard, IL and has over two decades experience as a practicing chiropractor. Along with his doctorate in chiropractic, Dr. Backstrom has a Master of Science in clinical psychology, Bachelor of Science degrees in psychology and human biology, and post doctorate training in rehabilitation and neurology. He is certified in meridian therapy (acupuncture) and clinical nutrition.

Ronna's spiritual knowledge and approach combined with Donald's practical, scientific expertise and sense of humor, really ground spirituality and the process of spiritual growth into our every day understanding, making it easier for us to move

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